

PHOTOVOICE: A NEW TEACHING METHOD FOR HEALTH PROMOTION

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Introduction: Photovoice is a process by which people can identify, represent, and enhance their community through a specific photographic technique. The goals of photovoice include to: enable people to record and reflect their community's strengths and problems; promote dialogue about important issues through group discussion and photographs; engage policymakers.

Objective: Photovoice was used at the beginning of the health promotion rotation for fourth year medical students. To find out and construct the concept of holistic health, risk behaviors and health promotion of medical students.

Methodology: Medical students worked in small groups. After a small group discussion and literature review the concept was transformed into photographs which were used to initiate a larger group discussion about the concept of holistic health, risk behaviors and health promotion. At the conclusion, medical students reflected on what they had learned.

Results:

During the presentation of the photographs and discussion, the medical students reflected all dimensions of health. Most risk behaviors were demonstrated in the photographs. The concept of health promotion was showed in the photographs and throughout the discussion. Moreover, the medical students were satisfied with this teaching method.

Conclusion:

Photovoice is a useful learner-centered method for teaching medical students the concepts of holistic health, risk behaviors and health promotion.